



napawf-los angeles presents..

SELF-DEFENSE WORKSHOP!

NAPAWF-LA Self-Defense Workshop

Join the [National Asian Pacific American Women's Forum - Los Angeles Chapter \(NAPAWF-LA\)](#) for an empowering evening!

WHAT: 2 hour self-defense workshop led by a professional instructor from [Peace Over Violence](#), followed by a discussion of violence against girls and women. Light refreshments will be provided.

WHERE: Asian Americans Advancing Justice - LA
1145 Wilshire Blvd, 1st Floor Community Room
Los Angeles, CA 90017

WHEN: Wednesday, Oct 22 | 6:30-9:30pm

HOW: Space is limited; [buy your ticket online now!](#)
Workshop ticket: \$11 pre-sale | \$16 at the door
Workshop + NAPAWF membership: \$21

WHO: You! Everyone welcomed 😊

For questions, please contact LChapter@napawf.org



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