



Consortium on Asian American Mental Health Training

Presents:

## Anger and Violence: Strategies for Assessment and Intervention

### A training conference for all clinicians, Asian and non-Asian:

This one-day training conference offers mental health professionals and students/trainees, consumers and their family members an opportunity to acquire knowledge and skills in coping with anger and violence in different settings. As a result of this training, participants will be better able to communicate with and treat Asian American consumers who are confronted with such issues in personal life, family relationships and school-settings. Through the workshop presentations, participants will learn to apply culturally appropriate strategies to help their Asian American clients deal with anger and violence in their daily life. No pre-requisite is required. Each participant requesting CME/CE credits is required to fill out a program evaluation form.

### The educational objectives are to:

1. Learn culturally appropriate ways to assess and treat patients who have anger issues in everyday life.
2. Identify challenges and apply specific strategies to help improve functioning and build connections/flexibility in Asian American families.
3. Address issues pertaining to consequences of violence in school-settings.

Almanson Court Conference Center  
700 S. Almanson Street  
Alhambra, California 91801

626-570-4600

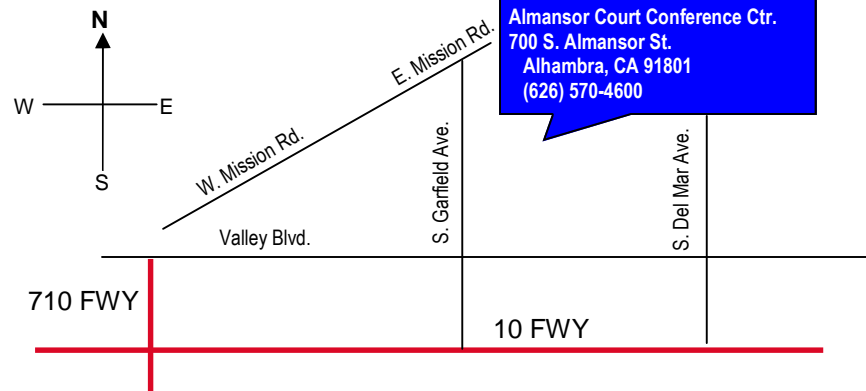
<http://www.almansoncourt.com/>

#### From the 10 Freeway, going EAST:

Merge onto SOUTH GARFIELD AVENUE via Exit 23B toward Alhambra (1.2 miles).  
Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).  
Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).

#### From the 10 Freeway, going WEST:

Take the GARFIELD AVENUE exit- EXIT 23B- toward ALHAMBRA (0.1 miles).  
Merge onto SOUTH GARFIELD AVE via EXIT 24 toward ALHAMBRA (0.9 miles).  
Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).  
Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).



Los Angeles County Department of Mental Health  
695 S. Vermont Ave., 15th Floor  
Los Angeles, CA 90005

## CONSORTIUM ON ASIAN AMERICAN MENTAL HEALTH TRAINING

PRESENTS:



### *19th Annual Asian American Mental Health Training Conference*



## ANGER AND VIOLENCE: STRATEGIES FOR ASSESSMENT AND INTERVENTION

*October 11, 2013*

**Almanson Court**  
700 S. Almanson Street  
Alhambra, CA 91801

County of Los Angeles Department of Mental Health  
Department of Psychiatry at Harbor-UCLA Medical Center

## Conference Agenda

- 7:30 - 8:15 am **Registration & Continental Breakfast**  
 8:15 - 8:45 am **Introduction & Overview**  
**Freda Cheung, PhD**  
 Conference Chair  
**Cathy Warner, LCSW**  
 Deputy Director, Adult System of Care  
 County of Los Angeles Department of Mental Health  
**Dennis Murata, MSW**  
 Deputy Director, Program Support Bureau  
 County of Los Angeles Department of Mental Health  
**Ira Lesser, MD**  
 Chair, Department of Psychiatry  
 Harbor-UCLA Medical Center
- 8:45 - 10:15 am **Plenary Session Part I**  
 Psychopathology of Anger in a Clinical Setting  
**Christopher K. Chung, MD**  
 Harbor-UCLA Medical Center
- 10:15 - 10:30 am **Break**  
 10:30 - 12:00 pm **Workshops I (A, B, C)**  
 12:00- 1:15 pm **Lunch and Networking**  
 1:15 - 2:45 pm **Plenary Session Part II**  
 Behavioral Analysis of Targeted School Violence  
**Jeffrey R. Cugno**  
 FBI Special Agent
- 2:45 - 3:00 pm **Break**  
 3:00 - 4:30 pm **Workshops II (A, B, C)**

## Plenary Speakers

### MORNING SPEAKER

**Christopher K. Chung M.D.** is a graduate of the College of Medicine, Seoul National University in Korea. He received his psychiatric internship training at the State University of New York at Buffalo and completed his psychiatric residency at Washington University in St. Louis. He has spent much of his career working in the public sector with psychiatric populations demonstrating a very high acuity of illness. Some of the places he has worked include: "EMPATH" (psychiatric emergency service, in New York State), Malcolm Bliss Hospital in St. Louis, The Dangerous Patient Unit at Ft. Logan Mental Health Center, Denver, Colorado, and the Psychiatric Emergency Service at Harbor UCLA Medical Center. Dr. Chung is currently the Medical Director for the LA County Department of Mental Health Full Service Partnership/Field Capable Clinical Services program at Harbor UCLA Medical Center and is a Clinical Professor in the Department of Psychiatry and Biobehavioral Sciences at the Geffen School of Medicine at UCLA. Dr. Chung has studied anger and its manifestations from a cross cultural perspective, including the syndrome of *hwabyung* (Anger disease.) He has presented papers on this topic at national and international conferences. In his book "Korean Portrait" (in Korean), he writes about the conceptualization and manifestations of repressed anger and chronic accumulated anger (Hahn and Jeong).

### AFTERNOON SPEAKER

**Jeffrey R. Cugno** is a Special Agent and Primary National Center for the Analysis of Violent Crime (NCAVC) Coordinator with the Federal Bureau of Investigation (FBI). The mission of the NCAVC is to provide Criminal Investigative Analysis of violent, sexual and serial crimes as a resource available to law enforcement agencies worldwide. He joined the FBI in 2000 in the Los Angeles Field Office's Cyber Crime Squad and also was a Team Leader for the Evidence Response Team (ERT). As a Cyber Investigator, Special Agent Cugno was responsible for the investigation of threatening communications, child pornography, computer intrusions, and Internet fraud. As the Primary NCAVC Coordinator, he has been the FBI Los Angeles Field Office's NCAVC program manager, violent crime assessor, and administrator. Prior to becoming a Special Agent, he was employed as an FBI Computer Specialist in the Los Angeles Field Office. He also is a Behavioral Assessor on the FBI Crisis Negotiation Team (CNT). Recently, SA Cugno was selected to the FBI's Child Abduction Rapid Deployment (CARD) Team which generally deploys in response to non-family child abductions. SA Cugno is a Certified Police Instructor who has provided training to over 4,000 domestic and international participants on a variety of topics. He holds a Master of Science Degree in Justice, Law and Society and is a member of the Association of Threat Assessment Professionals, the American Society for Industrial Security International, the California Homicide Investigators' Association, and the California Association of Hostage Negotiators.

## Workshops

- A. Anger Management from a CBT-Mindfulness Approach**  
**Presenter: Siang Yang Tan, PhD**  
 Fuller Theological Seminary
- B. School Crisis Prevention & Intervention**  
**Presenter: Richard Lieberman, MA, LEP, NCSP**  
 Los Angeles Unified School District
- C. Intergenerational Familial Violence**  
**Presenter: Lan Nguyen-Chawkins, PhD**  
 Asian Pacific Counseling and Treatment Center

## Conference Planning Committee

### Freda K. Cheung, PhD

LA Biomed/Consultant

### Stephen Cheung, PsyD

Azusa Pacific University

### Scott Hanada, LCSW

County of Los Angeles Dept. of Mental Health,  
 Adult System of Care

### George K. Hong, PhD, ABPP

California State University at Los Angeles

### Jason Huang, PhD

County of Los Angeles Dept. of Mental Health,  
 Mental Health Court Linkage Program

### Sam Keo, PsyD

County of Los Angeles Dept. of Mental Health,  
 Service Area 3 Program Administration

### Mitsuru Kubota, PhD

County of Los Angeles Dept. of Mental Health,  
 Long Beach Asian Pacific Islander Family Mental  
 Health Center

### Karen Lee, MD

County of Los Angeles Dept. of Mental Health,  
 Office of the Medical Director

### Ira Lesser, MD

Harbor-UCLA Medical Center

### Margaret T. Lin, MD

Private Practice

### Lisa Song, LCSW

County of Los Angeles Dept. of Mental Health,  
 Workforce Education and Training

### Silvia Yan, PhD

Special Service for Groups  
 Asian Pacific Counseling and Treatment Centers

County of Los Angeles Department of Mental Health (LACDMH) is approved as a continuing education provider by the following:

California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists  
 California Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians  
 California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0813)

County of Los Angeles Department of Mental Health is approved by the American Psychological Association to offer continuing education for psychologists. County of Los Angeles Department of Mental Health maintains full responsibility for the program and its content.

Each discipline will be eligible to receive 6.0 credits of continuing education. (No partial credits will be given)

County of Los Angeles Department of Mental Health is a California Association (CMA) accredited provider. Physicians attending the course may report the individually identified number of hours of Category I Credit™ toward the California Medical Association Certificate in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.



County of Los Angeles Department of Mental Health (LACDMH) is approved as a continuing education provider by the following:  
 California Board of Behavioral Sciences (Provider #PCE278) for Licensed

## Anger & Violence: Strategies for Assessment and Intervention October 11, 2013

### Registration Information

(Please print clearly)

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Middle Initial \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email Address (Required for confirmation/denial of training registration) \_\_\_\_\_

Affiliation/Organization \_\_\_\_\_

License Number: License:  MD/DO  PhD/PsyD  RN  LCSW  
 CME/CE/CEU REQUEST  MFT  LPT  CAADAC  Other: \_\_\_\_\_  
 Specify

### Lunch Preference

Chicken  Vegetarian Pasta

Complimentary continental breakfast and lunch

### Registration Fees

Postmarked by  
 9/30/2013

Postmarked after  
 9/30/2013

Space is limited—please register early!

**Regular** **\$90** **\$110**  
 ID# Last 4 digits of SSN \_\_\_\_\_ AND last 4 digits of Drivers license or ID \_\_\_\_\_

**Student/Trainee** **\$45** **\$65**  
 ID# Last 4 digits of SSN \_\_\_\_\_ AND last 4 digits of Drivers license or ID \_\_\_\_\_

**Calworks (Contracted)** **\$22.50** **\$42.50**  
 ID# Last 4 digits of SSN \_\_\_\_\_ AND last 4 digits of Drivers license or ID \_\_\_\_\_

CALWorks Supervisor Signature \_\_\_\_\_ Supervisor's Name (Printed) \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

LAC-DMH employees must use DMH Registration form

Please make all checks payable to **LA BioMed**. On-Site registration must be paid in full amount of \$110 by check or cash ONLY.

All registrants mail form and check to:

Catherine Bustamante  
 Department of Psychiatry  
 Harbor-UCLA Medical Center, Box 8  
 1000 W. Carson Street  
 Torrance, CA 90509

Registration confirmation will be emailed on or before September 30th. Refund: Full refund less \$15 administrative fee before 9/30/2013. Requests must be made in writing.