

# Violence Free

BEGINS WITH ME



CENTER FOR THE  
PACIFIC ASIAN FAMILY  
NURTURING CHANGE TOGETHER

[www.nurturingchange.org](http://www.nurturingchange.org)

## LISTENING . BELIEVING . RESPECTING

CPAF, EM3, OCAPICA, and Project MotiVATe invite you to learn how to promote healthy relationships for yourself, your friends and family AND become a leader in the movement to end violence.

**DATE:** July 15, 2016

**TIME:** 10:15am-5:00pm

**PLACE:** **Bixby Art Expo**  
4321 Atlantic Ave  
Long Beach, CA 90807

### SPEAKERS:



**FONG  
TRAN &  
NARINDA  
HENG**

*Spoken Word. Activist.  
Vietnamese American.*



*Writer. Poet. Activist.  
Khmer American.*

- Leadership Building Activities
- Art Activities
- Photo Booth
- Snacks and Lunch Provided
- **FREE** Event



### Questions or Concerns?

Feel free to contact Tang Moua at:  
[Tangm@cpaf.info](mailto:Tangm@cpaf.info) or 323.653.4045 ext 328

Please **RSVP** by June 24, 2016  
(limited space)