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  - Merced City
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**Updated: 12/2017**
INTRODUCTION

Project Development

Mental health can be a sensitive topic to discuss. The Mental Health Directory for AANHPI Californians is based on a directory created by the National Asian Pacific American Families Against Substance Abuse (NAPAFASA) in 2013. While most organizations are AAPI focused, we have included several other resources including county mental health directories and other population specific guides.

- Be True and Be You: A Basic Mental Health Guide for LGBTQ Teens
- Get Healthy, California!: A Healthcare Resource Guide for Undocumented and Uninsured Californians
- UndocuBlack Guide for Mental Wellness Specialists

Instructions

- The directory provides a list of affordable behavioral health care options in the state of California. The listings include provider contact information, the type of services offered, language capacities and types of fees. Additional agencies and providers who offer behavioral health services can be found on each individual County’s behavioral health department website. The links to the existing provider directories can be found throughout the directory.
- Regions covered: Northern California, Central California, Southern California. Locations within each region are alphabetically organized by county, service area, and/or city names.
- Use the key included at the bottom of each page to find out payment and services information.

BEHAVIORAL HEALTH SERVICES

- **Case Management:** A case manager can help you access needed medical, educational, social, prevocational, rehabilitative, and/or other community services.
  
  *Examples: Referrals for stable housing resources, Coordinating treatment appointments*

- **Counseling/Therapy:** A professional counselor or therapist can help you identify goals and coping strategies to problems that cause you distress.
  
  *Examples: Stress management, Relaxation techniques*

- **Outpatient Services:** Outpatient services are medical procedures or tests that you can have done in a medical center without an overnight stay.
  
  *Examples: Lab tests, Physical therapy*

- **Prevention Services:** Prevention services are routine health care check ups and/or intervention programs that help prevent illnesses.
  
  *Examples: Blood pressure screening, Health and wellness workshops*

WHAT TO ASK WHEN CALLING

Below are suggested questions to ask a mental health provider or organization. Your questions may vary depending on your condition and the services you seek.

- Do you provide services regardless of immigration status?
- Do you accept Medi-Cal?
- What are the costs of services?
- How do I book an appointment?
- What documents do I need for my appointment?
- What are your hours?
- What is your cancellation policy?
- Are your services provided in _____ language?

UPDATED: 12/2017
KNOW YOUR RIGHTS

- Be treated with respect and dignity.
- Receive information in a manner you can understand on your treatment options and alternatives and participate in decision regarding your care.
- Speak to your provider in a language that you can understand. Ask for a qualified interpreter for your appointment which should be provided to you at no cost.
- You or your family members should not and do not have to share information on your immigration status at your appointment.

CONTACT

Contact the Health Access Project at Asian Americans Advancing Justice - Los Angeles (Advancing Justice - LA) at healthjusticenetwork@advancingjustice-la.org if your agency would like to be included on this list or if there are any changes in the agency information listed here. More information on Advancing Justice - LA and the Health Access Project can be found at www.advancingjustice-la.org/health-justice.

Advancing Justice-LA would like to thank the following Funders for their generous support of this project: The California Wellness Foundation, The California Endowment, Covered California, DentaQuest Foundation, and Walter and Shirley Wang.
## Northern California

### Alameda County Provider Resources Search Tool

Alameda County Substance Abuse Resources

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Location</th>
<th>Contact Information</th>
<th>Services Available</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Community Mental Health Services (ACMHS)</td>
<td>Oakland Office</td>
<td>(510) 869-6000 310 8th Street, Suite 201 Oakland, CA 94607 Cantonese, Korean, Mandarin, Mien, Japanese, Tagalog, Thai, Vietnamese</td>
<td><a href="http://www.acmhs.org/">http://www.acmhs.org/</a></td>
</tr>
<tr>
<td>Frank Kieng Medical Center</td>
<td>Oakland, CA 94607</td>
<td>(510) 735-3888 250 East 18th Street, 2nd Floor 250 East 18th Street, 2nd Floor Oakland, CA 94607 Burmese, Cantonese, Karen, Khmer, Korean, Mandarin, Mien, Mongolian, Tagalog, Vietnamese</td>
<td><a href="https://asianhealthservices.org/">https://asianhealthservices.org/</a></td>
</tr>
<tr>
<td>Asian Health Services (AHS)</td>
<td>Oakland High School</td>
<td>(510) 874-7145 1023 MacArthur Boulevard Oakland, CA 94607</td>
<td><a href="https://asianhealthservices.org/">https://asianhealthservices.org/</a></td>
</tr>
<tr>
<td>Asian Community Mental Health Services (ACMHS)</td>
<td>Richmond Office</td>
<td>(510) 970-9750 12240 San Pablo Avenue Richmond, CA 94805 Cantonese, Khmer, Khmu, Lao, Mien, Mandarin, Thai, Vietnamese</td>
<td><a href="http://www.acmhs.org/">http://www.acmhs.org/</a></td>
</tr>
<tr>
<td>Rolland &amp; Kathryn Lowe Medical Center</td>
<td>Oakland, CA 94607</td>
<td>(510) 318-5800 835 Webster Street Oakland, CA 94607 Cantonese, Mandarin, Toisanese</td>
<td><a href="https://asianhealthservices.org/">https://asianhealthservices.org/</a></td>
</tr>
<tr>
<td>Asian Health Services (AHS)</td>
<td>Alameda Office</td>
<td>(510) 835-2777 1141 Harbor Bay Pkwy, #105 Alameda CA 94502 Mien, Mongolian, Spanish, Tagalog</td>
<td><a href="http://www.chaaweb.org/">http://www.chaaweb.org/</a></td>
</tr>
<tr>
<td>Asian Health Services (AHS)</td>
<td>East Bay Asian Youth Center (EBAYC)</td>
<td>(510) 533-1092 2025 East 12th Street Oakland, CA 94606 Cantonese, Khmer, Mandarin, Tagalog, Vietnamese</td>
<td><a href="https://ebayc.org/">https://ebayc.org/</a></td>
</tr>
</tbody>
</table>

### Key

- **= Case Management
- ☺ = Preventative Services
- = Counseling/Therapy
- = Services Regardless of Immigration Status
- = Outpatient Services
- = Call to Confirm Costs

**UPDATED**: 12/2017
# NORTHERN CALIFORNIA

## CONTRA COSTA

**Directory of Contra Costa Mental Health Plan Providers**  
**English & Spanish**  
**Contra Costa Substance Abuse Resource Guide**

<table>
<thead>
<tr>
<th>Provider</th>
<th>Contact Information</th>
<th>Languages</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| Community Health for Asian Americans (CHAA)  
Richmond Office | (925) 778-1667  
207 37th Street  
Richmond, CA 94805  
Lao, Mien, Spanish, Thai  
*For children and young adults up to 18 years of age*

<table>
<thead>
<tr>
<th>Provider</th>
<th>Contact Information</th>
<th>Languages</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| RYSE Center | (510) 374-3401  
205 41st St  
Richmond, CA 94805  
Spanish  
[https://rysecenter.org/](https://rysecenter.org/) | ☞ ; ♡ ; ☺ | $: Accepts Medi-Cal

<table>
<thead>
<tr>
<th>Provider</th>
<th>Contact Information</th>
<th>Languages</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| Community Health for Asian Americans (CHAA)  
Antioch Office | (925) 778-1667  
3727 Sunset Lane Suite 110  
Antioch, CA 94509  
limited Tagalog  
*For children and young adults up to 18 years of age*

## SACRAMENTO

**Sacramento County Mental Health Services Directory**  
**Chinese | English | Hmong  
Russian | Spanish | Vietnamese**

<table>
<thead>
<tr>
<th>Provider</th>
<th>Contact Information</th>
<th>Languages</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| Asian Pacific Community Counseling (APCC) | (916) 383-6783  
7273 14th Avenue #120B  
Sacramento, CA 95820  
Cantonese, Cebuano, Hmong, Korean, Lao, Mandarin, Mien, Japanese, Punjabi, Spanish, Telugu, Tongan, Vietnamese  

<table>
<thead>
<tr>
<th>Provider</th>
<th>Contact Information</th>
<th>Languages</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| Southeast Asian Assistance Center (SAAC) | (916) 421-1036  
5625 24th Street, Sacramento, CA 95822  
Arabic, Cambodian, Cantonese, Dari, Hmong, Farsi, Lao, Mandarin, Mien, Pashto, Punjabi, Spanish, Russian, Vietnamese  
[http://saacenter.org/](http://saacenter.org/) | ☺ ; ☞ | $: No cost  
*Mostly provides interpretation services*

### KEY

- ☞ = Case Management  
- ♡ = Counseling/Therapy  
- ☼ = Preventative Services  
- ✪ = Services Regardless of Immigration Status  
- ☀ = Outpatient Services  
- ☏ = Call to Confirm Costs

UPDATED: 12/2017
### NORTHERN CALIFORNIA

#### SANTA CLARA
**Santa Clara Social Services & Support Groups Directory**
**Substance Abuse Resources**

<table>
<thead>
<tr>
<th>Agency</th>
<th>Address</th>
<th>Contact Information</th>
<th>Services</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Americans for Community Involvement (AACI) Moorpark Office</td>
<td>2400 Moorpark Ave. Suite 300, San Jose, CA 95128</td>
<td>(408) 975-2730</td>
<td>Cantonese, Farsi, Mandarin, Japanese, Spanish</td>
<td>$: Accepts Medi-Cal</td>
</tr>
<tr>
<td>Asian American Recovery Services (AARS)</td>
<td>1340 Tully Rd # 304, San Jose, CA 95122</td>
<td>(408) 271-3900</td>
<td>Cantonese, Mandarin, Spanish, Tagalog, Vietnamese</td>
<td>$: Accepts Medi-Cal</td>
</tr>
</tbody>
</table>

#### SAN FRANCISCO
**San Francisco Behavioral Health Services Provider List**
**San Francisco Outpatient Substance Abuse Resources**

<table>
<thead>
<tr>
<th>Agency</th>
<th>Address</th>
<th>Contact Information</th>
<th>Services</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Community Mental Health Services (ACMHS)</td>
<td>845 Jackson Street, San Francisco, CA 94133</td>
<td>(415) 982-2400</td>
<td>Cantonese, Mandarin</td>
<td>$: Accepts Medi-Cal</td>
</tr>
<tr>
<td>API Wellness</td>
<td>730 Polk Street, San Francisco, CA 94109</td>
<td>(415) 292-3400</td>
<td>Cantonese, Hindi, Spanish, Tagalog, Vietnamese, Urdu, Vietnamese</td>
<td>$: Accepts Medi-Cal</td>
</tr>
<tr>
<td>NICOS Chinese Health Coalition</td>
<td>1208 Mason Street, San Francisco, CA 94110</td>
<td>(415) 788-6426</td>
<td>Cantonese, Mandarin, Vietnamese</td>
<td>$: No cost</td>
</tr>
<tr>
<td>Richmond Area Multi-Services (RAMS) Adult/Older Adult Outpatient Clinic</td>
<td>590 W. El Camino Real, Mountain View, CA 94040</td>
<td>(650) 965-2020</td>
<td>Mandarin, Persian, Portuguese, Spanish</td>
<td>$: Sliding scale available</td>
</tr>
<tr>
<td>Richmond Area Multi-Services (RAMS) Broderick Street Adult Residential Facility</td>
<td>1421 Broderick Street, San Francisco, CA 94115</td>
<td>(415) 292-1760</td>
<td>Cantonese, Spanish, Tagalog</td>
<td>$: Accepts Medi-Cal</td>
</tr>
</tbody>
</table>

#### KEY
- $= Case Management
- $= Preventative Services
- $= Counseling/Therapy
- $= Services Regardless of Immigration Status
- $= Outpatient Services
- $= Call to Confirm Costs

**UPDATED: 12/2017**
<table>
<thead>
<tr>
<th>Richmond Area Multi-Services (RAMS) CallWORKs Counseling &amp; Pre-Vocational Services</th>
<th>Richmond Area Multi-Services (RAMS) Hire-Ability Vocational Services</th>
<th>SSG Occupational Therapy Training Program (OTTP-SF) San Francisco</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fu Yau Project: Cantonese, Mandarin, Japanese, Spanish, Taishanese, Tagalog</strong> CallWORKS: Arabic, Cantonese, Mandarin, Spanish</td>
<td><strong>Cantonese, Mandarin, Tagalog, Vietnamese</strong></td>
<td><strong>CalWORKs: Arabic, Cantonese, Mandarin, Spanish</strong></td>
</tr>
<tr>
<td>(415) 689-5662 1375 Mission Street San Francisco, CA 94103</td>
<td>(415) 282-9675 1234 Indiana Street San Francisco, CA 94107</td>
<td>(415) 551-0975 425 Divisadero St., #300, San Francisco, CA 94117</td>
</tr>
<tr>
<td>Rich San Francisco, CA 94103</td>
<td><strong>Cantonese, Mandarin, Tagalog, Vietnamese</strong></td>
<td>Cantonese, Mandarin, Tagalog, Vietnamese</td>
</tr>
<tr>
<td><a href="https://www.ramsinc.org/">https://www.ramsinc.org/</a></td>
<td><a href="https://www.ramsinc.org">https://www.ramsinc.org</a></td>
<td><a href="https://www.ottp-sf.org">https://www.ottp-sf.org</a></td>
</tr>
<tr>
<td>$: No cost</td>
<td>$: Accepts Medi-Cal</td>
<td>$: Accepts Medi-Cal</td>
</tr>
</tbody>
</table>

**Vietnamese Youth Development Center (VYDC)**

(415) 771-2600 166 Eddy St, San Francisco, CA 94102

Lao, Khmer, Vietnamese

[http://www.vydc.org/](http://www.vydc.org/)

$: No cost

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**KEY**

- ☀ = Case Management
- ☝ = Preventative Services
- ☛ = Services Regardless of Immigration Status
- ☛ = Outpatient Services
- ☝ = Call to Confirm Costs

UPDATED: 12/2017
## NORTHERN CALIFORNIA
### SAN MATEO

**San Mateo Behavioral Health & Recovery Services Contacts**

<table>
<thead>
<tr>
<th>Asian Community Mental Health Services (ACMHS)</th>
<th>Asian American Recovery Services (AARS)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gellert Office</strong></td>
<td><strong>Mission Office</strong></td>
</tr>
<tr>
<td>(650) 761-3542</td>
<td>(415) 337-0140</td>
</tr>
<tr>
<td>386 Gellert Blvd</td>
<td>6181 Mission Street</td>
</tr>
<tr>
<td>Daly City, CA 94015</td>
<td>Daly City, CA 94014</td>
</tr>
<tr>
<td>Cantonese, Mandarin</td>
<td>Tagalog</td>
</tr>
</tbody>
</table>

+ $: Sliding scale based on income
*Only offers acupuncture services*

$: Accepts Medi-Cal

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**KEY**

- = Case Management
- = Counseling/Therapy
+ = Outpatient Services
○ = Preventative Services
= Services Regardless of Immigration Status
📞 = Call to Confirm Costs

**UPDATED: 12/2017**
### CENTRAL CALIFORNIA

#### FRESNO CITY
Fresno County Mental Health Provider Directory
- **Language:** English | Hmong | Spanish

Fresno Center for New Americans (FCNA)
- (559) 255-8395
- 4879 E Kings Canyon Rd, Fresno, CA 93727
- *Hmong, Khmer, Lao, Punjabi, Spanish*

- $: Accepts Medi-Cal

#### MERCED CITY
Merced County Department of Mental Health Provider Directory
- **Language:** English | Hmong | Spanish

Merced Lao Family Community, Inc.
- (209) 384-7384
- 1748 Miles Court, Suite B
- Merced, CA 95348
- *Hmong, Lao, Mien, Thai*
- [http://www.laofamilymerced.org/](http://www.laofamilymerced.org/)

- $: Accepts Medi-Cal

#### KERN COUNTY
Kern County Community Services Providers

<table>
<thead>
<tr>
<th>KEY</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>♡</td>
<td>Case Management</td>
</tr>
<tr>
<td>✤</td>
<td>Counseling/Therapy</td>
</tr>
<tr>
<td>✦</td>
<td>Outpatient Services</td>
</tr>
<tr>
<td>📞</td>
<td>Call to Confirm Costs</td>
</tr>
<tr>
<td>☀</td>
<td>Preventative Services</td>
</tr>
<tr>
<td>✎</td>
<td>Services Regardless of Immigration Status</td>
</tr>
</tbody>
</table>

UPDATED: 12/2017
Family Service Agency (FSA)
Big Brother, Big Sister Santa Maria Center
(805) 925-1100
120 East Jones Street  #130
Santa Maria, CA 93454
Spanish
https://fsacares.org/
$: No cost
*Only provides youth services

Family Service Agency (FSA)
Santa Maria Youth & Family Center
(805) 928-1707
105 N. Lincoln Street
Santa Maria CA 93458
Spanish
https://fsacares.org/
✎♡☹توقعات
$: Sliding scale available
*Only provides services to youth up to 17.5 years of age

Family Service Agency (FSA)
Lompoc Center
(805) 735-4376
101 South B Street
Lompoc, CA 93436
Spanish
https://fsacares.org/
♡☹توقعات
$: Sliding scale available
*Only provides services to youth up to 17.5 years of age

**KEY**

= Case Management

= Counseling/Therapy

= Outpatient Services

= Preventative Services

= Services Regardless of Immigration Status

= Call to Confirm Costs

UPDATED: 12/2017
<table>
<thead>
<tr>
<th>ANTELOPE VALLEY</th>
<th>SAN FERNANDO</th>
<th>EAST LOS ANGELES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Service Area 1</strong></td>
<td><strong>Service Area 2</strong></td>
<td><strong>Service Area 3</strong></td>
</tr>
<tr>
<td></td>
<td>San Fernando Valley Community Mental Health Center, Inc. Action Family Counseling Treatment Center</td>
<td></td>
</tr>
</tbody>
</table>

**KEY**

- ✍️ = Case Management
- ❤️ = Counseling/Therapy
- ☑️ = Preventative Services
- ✅ = Outpatient Services
- ✈️ = Services Regardless of Immigration Status
- ✈️ = Call to Confirm Costs

UPDATED: 12/2017
**SOUTHERN CALIFORNIA**

Los Angeles County Mental Health Resource Guide

Los Angeles County Mental Health Provider Search Tool

### SAN GABRIEL VALLEY

Service Area 3

**Asian Pacific Health Care Venture (APHCV)**
El Monte/Rosemead
(626) 774-2988
9960 Baldwin Place
El Monte, CA 91731
Cantonese, Mandarin, Spanish, Vietnamese
http://www.aphcv.org/

- $: Accepts Medi-Cal
- Sliding scale available
- *Integrated Service Management (mental & physical health services) available for low-income Chinese residents in San Gabriel Valley*

**Buddhist Tzu Chi Alternative Medicine Clinic**
South El Monte
(626) 281-3323
10414 Vacco St.
South El Monte, CA 91733
Cantonese, Mandarin, Spanish
http://www.tzuchimedicalfoundation.org/

- $: Sliding scale available
- *Only offers dental care and alternative medicine services*

**Tzu Chi Medical Center**
Alhambra
(626) 281-3323
1000 S Garfield Ave
Alhambra, CA 91801
Cantonese, Mandarin, Spanish
http://www.tzuchimedicalfoundation.org/

- $: Sliding scale available
- *Only primary care services offered*

**Asian Youth Center (AYC)**
Tawa Youth Center
(626) 309-0717
100 Clary Ave, San Gabriel, CA 91776
Cantonese, Mandarin, Spanish, Vietnamese
http://www.asianyouthcenter.org/

- $: No cost
- *Main focus is youth programs*

**SSG SILVER**
San Gabriel Valley Service Center
(626) 575-5431
1441 Santa Anita Avenue,
South El Monte, CA 91733
Cantonese, Mandarin, Spanish
http://www.ssg.org/

- $: Accepts Medi-Cal
- *Mental health services for older adults ages 55+ with Medi-cal*

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**KEY**

- 👨‍⚕️ = Case Management
- 💑 = Counseling/Therapy
- ✩ = Outpatient Services
- ✍️ = Preventative Services
- 🙋 = Services Regardless of Immigration Status
- 📞 = Call to Confirm Costs

UPDATED: 12/2017
### METRO AREA

#### Service Area 4

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Services Available</th>
<th>Website Link</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Asian American Drug Abuse Program (AADAP)</strong></td>
<td>1088 South La Brea Avenue, Los Angeles, CA 90019</td>
<td>(323) 295-0262</td>
<td>Asian, Korean, Spanish</td>
<td><a href="http://www.aadapinc.org/">http://www.aadapinc.org/</a></td>
<td>Accepts Medi-Cal</td>
</tr>
<tr>
<td>Outpatient Counseling</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asian Pacific Counseling and Treatment Centers (APCTC)</strong></td>
<td></td>
<td></td>
<td>Cantonese, Korean, Mandarin, Spanish</td>
<td><a href="http://www.apctc.org/">http://www.apctc.org/</a></td>
<td>Accepts Medi-Cal</td>
</tr>
<tr>
<td>Main Office</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asian Pacific Aids Intervention Team (APAIT)</strong></td>
<td>1730 W Olympic Blvd # 300, Los Angeles, CA 90015</td>
<td>(213) 375-3830</td>
<td>Mandarin, Spanish</td>
<td><a href="http://apaitonline.org/">http://apaitonline.org/</a></td>
<td>Accepts Medi-Cal; Services and cost are dependent on patient’s eligibility (i.e. HIV status)</td>
</tr>
<tr>
<td><strong>Asian Pacific Counseling and Treatment Centers (APCTC)</strong></td>
<td></td>
<td></td>
<td>Cantonese, Khmer, Korean, Lao, Mandarin, Spanish, Thai, Vietnamese</td>
<td><a href="http://www.apctc.org/">http://www.apctc.org/</a></td>
<td>Accepts Medi-Cal</td>
</tr>
<tr>
<td>Metro Center</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asian Pacific Health Care Venture (APHCV)</strong></td>
<td>180 Union Place, Los Angeles, CA 90026</td>
<td>(323) 644-3885</td>
<td>Spanish</td>
<td><a href="http://www.aphcv.org/">http://www.aphcv.org/</a></td>
<td>Accepts Medi-Cal; Sliding scale available</td>
</tr>
</tbody>
</table>

#### KEY

- 🎃 = Case Management
- ❤ = Counseling/Therapy
- ✪ = Outpatient Services
- 🏛 = Services Regardless of Immigration Status
- ✈ = Call to Confirm Costs

**Updated:** 12/2017
## METRO AREA

### Service Area 4

<table>
<thead>
<tr>
<th>Asian Pacific Health Care Venture (APHCV)</th>
<th>Asian Pacific Residential Treatment Program (APRTP)</th>
<th>Clínica Romero</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Marshall High School</td>
<td></td>
<td>Boyle Heights</td>
</tr>
<tr>
<td>323-671-1168</td>
<td>(323) 731-3534</td>
<td>(213) 989-7700</td>
</tr>
<tr>
<td>3939 Tracy Street</td>
<td>1665 W Adams Blvd, Los Angeles, CA 90007</td>
<td>2032 Marengo St.</td>
</tr>
<tr>
<td>Los Angeles, CA 90027</td>
<td>Cantonese, Korean, Mandarin, Vietnamese</td>
<td>Los Angeles, CA 90033</td>
</tr>
<tr>
<td>Korean, Spanish, Tagalog</td>
<td><a href="http://www.aprtp.org/apresidential.html">http://www.aprtp.org/apresidential.html</a></td>
<td>Spanish</td>
</tr>
<tr>
<td><a href="http://www.aphcv.org/">http://www.aphcv.org/</a></td>
<td></td>
<td><a href="http://clinicaromero.com">http://clinicaromero.com</a></td>
</tr>
<tr>
<td>☛ ☠ ☀</td>
<td>☛ ☠ ☁</td>
<td></td>
</tr>
<tr>
<td>$: Accepts Medi-Cal</td>
<td>$: Accepts Medi-Cal</td>
<td>☛ ☠ ☁</td>
</tr>
<tr>
<td>Sliding scale available</td>
<td>$: Accepts Medi-Cal</td>
<td>$: Accepts Medi-Cal;</td>
</tr>
<tr>
<td>*Open to John Marshall High School</td>
<td>Sliding scale available</td>
<td>Sliding scale available</td>
</tr>
<tr>
<td>students and students in neighboring LAUSD schools</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Asian Pacific Health Care Venture (APHCV)</th>
<th>Clínica Romero</th>
</tr>
</thead>
<tbody>
<tr>
<td>Los Feliz</td>
<td>Boyle Heights</td>
</tr>
<tr>
<td>(323) 644-3880</td>
<td>(213) 989-7700</td>
</tr>
<tr>
<td>1530 Hillhurst Avenue</td>
<td>2032 Marengo St.</td>
</tr>
<tr>
<td>Los Angeles, CA 90027</td>
<td>Los Angeles, CA 90033</td>
</tr>
<tr>
<td>Cantonese, Spanish, Thai, other languages available upon request</td>
<td>Spanish</td>
</tr>
<tr>
<td>☛ ☠ ☁</td>
<td>☛ ☠ ☁</td>
</tr>
<tr>
<td>$: Accepts Medi-Cal</td>
<td>$: Accepts Medi-Cal</td>
</tr>
<tr>
<td>Sliding scale available</td>
<td>Sliding scale available</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chinatown Service Center</th>
<th>Clínica Romero</th>
</tr>
</thead>
<tbody>
<tr>
<td>(213) 808-1720</td>
<td>Boyle Heights</td>
</tr>
<tr>
<td>767 N. Hill Street 400B, Los Angeles, CA 90012</td>
<td>(213) 989-7700</td>
</tr>
<tr>
<td>Cantonese, Mandarin</td>
<td>123 South Alvarado St.</td>
</tr>
<tr>
<td><a href="http://www.cscla.org/">http://www.cscla.org/</a></td>
<td>Los Angeles, CA 90057</td>
</tr>
<tr>
<td>☛ ☠ ☁</td>
<td>Spanish, limited Tagalog</td>
</tr>
<tr>
<td>$: Accepts Medi-Cal;</td>
<td><a href="http://clinicaromero.com">http://clinicaromero.com</a></td>
</tr>
<tr>
<td>Sliding scale available; Free services available</td>
<td></td>
</tr>
</tbody>
</table>

### KEY

- ☛ = Case Management
- ☛ ☠ = Preventative Services
- ☛ ☠ ☁ = Counseling/Therapy
- ☛ ☠ ☁ ☁ = Services Regardless of Immigration Status
- ☛ ☠ ☁ ☁ ☁ = Outpatient Services
- ☛ ☠ ☁ ☁ ☁ ☁ = Call to Confirm Costs

UPDATED: 12/2017
## METRO AREA
### Service Area 4

### Korean Community Services (KCS)
**Los Angeles Office**
(323) 668-9007
4416 W. Beverly Blvd, Los Angeles, CA 90004
*Korean, Spanish*
http://www.koreancommunity.org

- ** poblado**: Accepts Medi-Cal

### Koreatown Youth and Community Center (KYCC)
**Clinical Services**
(213) 365-7400
3727 West 6th Street Suite 411, Los Angeles, California 90020
*Korean, Spanish*
https://www.kyccla.org/

- ** poblado**: Accepts Medi-Cal
- *Medication support available*
- *Services for children, young adults (up to age 25) & families*

### Little Tokyo Service Center
(213) 473-3035
231 E. 3rd Street, Suite 411, LA, CA 90013
*Cantonese, Japanese, Korean, Mandarin*
http://www.ltsc.org/

- ** poblado**: Accepts Medi-Cal
- *Housing support services available*
- *Nikkei Helpline (800) 645-5341*

### Korean Family Services (KFAM)
(213) 389-6755
3727 West 6th Street, Suite 320, Los Angeles, CA 90020
*Korean*
http://www.kfamla.org

- ** poblado**: Accepts Medi-Cal;
  - Sliding scale available
- *24-Hour Toll-Free Crisis Hotline: (888) 979-3800*

### Koreatown Youth and Community Center (KYCC)
**Menlo Family Center**
(213) 365-7400
1230 Menlo Avenue, Suite 100, Los Angeles, CA 90006
*Spanish*
https://www.kyccla.org/

- ** poblado**: Free services
- *Limited case management services available through the Gang Reduction & Youth Development (GRYD) program*
- *Services for children, young adults (up to age 25) & families*

### National Asian Pacific American Families Against Substance Abuse (NAPAFASA)
(213) 625-5795
340 E 2nd St #409, Los Angeles, CA 90012
*Translated informational flyers/brochures available in Korean, Mandarin, Spanish, Tagalog, Vietnamese*
http://www.koreancommunity.org

- ** poblado**: No cost

### Key
- ** poblado**: Case Management
- ** poblado**: Preventative Services
- ** poblado**: Counseling/Therapy
- ** poblado**: Services Regardless of Immigration Status
- ** poblado**: Outpatient Services
- ** poblado**: Call to Confirm Costs

*Updated: 12/2017*
<table>
<thead>
<tr>
<th><strong>METRO AREA</strong></th>
<th><strong>WEST LOS ANGELES</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Service Area 4</strong></td>
<td><strong>Service Area 5</strong></td>
</tr>
<tr>
<td><strong>Search to Involve Pilipino Americans (SIPA)</strong></td>
<td><strong>Asian American Christian Counseling Services (AACC5)</strong></td>
</tr>
<tr>
<td>(213) 382-1819</td>
<td><strong>Culver City</strong></td>
</tr>
<tr>
<td>3200 W. Temple Street, Los Angeles, CA 90026</td>
<td>(626) 457-2900</td>
</tr>
<tr>
<td>Tagalog</td>
<td>10811 Washington Blvd. Suite 280</td>
</tr>
<tr>
<td><a href="https://www.sipa-online.org/">https://www.sipa-online.org/</a></td>
<td>Culver City, CA 90232</td>
</tr>
<tr>
<td>🧵💖😊</td>
<td><a href="http://www.ssg.org/">http://www.ssg.org/</a></td>
</tr>
<tr>
<td>$: Accepts Medi-Cal</td>
<td>☀️</td>
</tr>
<tr>
<td>☑️</td>
<td>$: Sliding scale available</td>
</tr>
</tbody>
</table>

| **SSG Mental Health Alliance** | **SSG SILVER** |
| (213) 236-9388 | Los Angeles Center |
| 1730 West Olympic Blvd., 3rd Floor, Suite 3A-300 | (213) 553-1884 |
| Los Angeles, CA 90015 | 1730 W. Olympic Blvd., 4th Fl/Ste.3A-100 |
| Cantonese, Khmer, Korean, Mandarin, Samoan, Spanish, Tagalog, Vietnamese | Los Angeles, CA 90015 |
| http://www.ssgapialliance.org/home.html | Cantonese, Korean, Mandarin, Spanish, Tagalog |
| 🧵💖😊 | http://www.ssg.org/ |
| $: Accepts Medi-Cal | $: Accepts Medi-Cal |
| ☑️ | ☑️ |
| ✉️ | ☞️ |
| $: Sliding scale available | *Mental health services for older adults ages 55+ with Medi-cal |

**KEY**

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หมอ = Outpatient Services

📞 = Call to Confirm Costs

UPDATED: 12/2017

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<table>
<thead>
<tr>
<th>Service Area 6</th>
<th>South Los Angeles</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Asian American Drug Abuse Program (AADAP)</strong></td>
<td><strong>SSG Asian Pacific Recovery</strong></td>
</tr>
<tr>
<td><strong>Therapeutic Community</strong></td>
<td>(626) 575-5431</td>
</tr>
<tr>
<td>(323) 293-6291</td>
<td>1665 W. Adams Blvd., Los Angeles, CA 90007</td>
</tr>
<tr>
<td>5318 S. Crenshaw Blvd.</td>
<td><strong>Cantonese, Korean, Mandarin, Vietnamese</strong></td>
</tr>
<tr>
<td>Los Angeles, CA 90034</td>
<td><strong><a href="http://www.aadapinc.org/">http://www.aadapinc.org/</a></strong></td>
</tr>
<tr>
<td><strong>Korean, Samoan, Spanish, Tagalog</strong></td>
<td><strong><a href="http://www.ssg.org/">http://www.ssg.org/</a></strong></td>
</tr>
<tr>
<td>$: Accepts Medi-Cal</td>
<td><strong>SSG Weber Community Center (WCC)</strong></td>
</tr>
<tr>
<td><strong>SSG Homeless Outreach Program Integrated Care System (HOPICS)</strong></td>
<td>(323) 234-4445</td>
</tr>
<tr>
<td><strong>Broadway Office</strong></td>
<td>5849 Crocker Street</td>
</tr>
<tr>
<td>(323) 948-0444</td>
<td>Los Angeles, CA 90003</td>
</tr>
<tr>
<td>5715 S. Broadway, Los Angeles, CA 90037</td>
<td><strong>Spanish</strong></td>
</tr>
<tr>
<td><strong>Spanish</strong></td>
<td><strong><a href="http://www.ssg.org/">http://www.ssg.org/</a></strong></td>
</tr>
<tr>
<td><strong><a href="http://www.aadapinc.org/">http://www.aadapinc.org/</a></strong></td>
<td><strong><a href="http://www.ssg.org/">http://www.ssg.org/</a></strong></td>
</tr>
<tr>
<td>$: $: Accepts Medi-Cal</td>
<td><strong>SSG Weber Community Center (WCC)</strong></td>
</tr>
<tr>
<td>$: Accepts Medi-Cal</td>
<td><strong>SSG Weber Community Center (WCC)</strong></td>
</tr>
</tbody>
</table>

**The New You Center, Inc.**

(323) 750-7580
1030 West Florence Avenue
Los Angeles, CA 90044
**Amharic, French, Italian, Somali, Spanish, Tagalog**

$: Sliding scale available

*English & Spanish Hotline: (323) 839-7487*

**KEY**

- ♡ = Case Management
- ♥ = Counseling/Therapy
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- ✉ = Outpatient Services
- ☏ = Call to Confirm Costs

UPDATED: 12/2017
# SOUTHERN CALIFORNIA

## Los Angeles County Mental Health Resource Guide

## Los Angeles County Mental Health Provider Search Tool

<table>
<thead>
<tr>
<th>Service Area 6</th>
<th>Service Area 7</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOUTH LOS ANGELES</strong></td>
<td><strong>FAST LOS ANGELES</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UMMA Community Clinic</th>
<th>Asian American Christian Counseling Services (AACC)</th>
<th>SSG Stepdown Programs for Special Needs Populations</th>
</tr>
</thead>
<tbody>
<tr>
<td>(323) 789-5610</td>
<td>Cerritos (626) 457-2900 11879 Del Amo Blvd. Cerritos, CA 90703 Cantonese, Japanese, Korean, Mandarin, Spanish</td>
<td>(562) 865-1733 11050 E. Artesia Blvd Suite A Cerritos, CA 90703 Mandarin, Spanish, Vietnamese</td>
</tr>
<tr>
<td>$: Sliding scale available</td>
<td>$: Sliding scale available</td>
<td>$: Accepts Medi-Cal</td>
</tr>
<tr>
<td>*After Hours Emergency: (323) 277-2104</td>
<td>*After Hours Emergency: (323) 277-2104</td>
<td>*Hotlines: (866) 616-8377 or (562) 301-7292</td>
</tr>
<tr>
<td>UMMA Community Clinic Fremont Wellness Center &amp; Community Garden</td>
<td>Asian Pacific Counseling and Treatment Centers (APCTC)</td>
<td>South Asian Network (SAN)</td>
</tr>
<tr>
<td>(323) 789-5610</td>
<td>Cerritos (562) 860-8838 11050 E. Artesia Blvd Suite F Cerritos, CA 90703 Cantonese, Korean, Mandarin, Spanish</td>
<td>(562) 403-0488 18173 Pioneer Blvd · Suite I Artesia, CA 90701 Bangla, Gujarati, Hindi, Nepali, Punjabi, Urdu</td>
</tr>
<tr>
<td>$: Sliding scale available</td>
<td>$: Accepts Medi-Cal</td>
<td>$: No cost; sliding scale for higher incomes</td>
</tr>
<tr>
<td>*After Hours Emergency: (323) 277-2104</td>
<td>*Provides health coverage enrollment services</td>
<td></td>
</tr>
</tbody>
</table>

**KEY**

- = Case Management

- = Counseling/Therapy

- = Preventative Services

- = Services Regardless of Immigration Status

- = Outpatient Services

- = Call to Confirm Costs

**UPDATED: 12/2017**
**SOUTHERN CALIFORNIA**  
Los Angeles County Mental Health Resource Guide

Los Angeles County Mental Health Provider Search Tool

### SOUTH BAY  
Service Area 8

<table>
<thead>
<tr>
<th>Asian American Christian Counseling Services (AACCS)</th>
<th>Asian American Drug Abuse Program (AADAP) Outreach Services</th>
<th>Asian American Drug Abuse Program (AADAP) Youth Outpatient Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Torrance</td>
<td>(213) 440-0256</td>
<td>(310) 768-8018</td>
</tr>
<tr>
<td>(626) 457-2900</td>
<td>652 E. Manchester Blvd.</td>
<td>13931 South Van Ness Avenue</td>
</tr>
<tr>
<td>2700 W. 182nd Street</td>
<td>Inglewood, CA 90301</td>
<td>Suite 202</td>
</tr>
<tr>
<td>Torrance, CA 90504</td>
<td></td>
<td>Gardena, CA 90249</td>
</tr>
<tr>
<td>Cantonese, Khmer, Korean, Japanese, Mandarin</td>
<td></td>
<td>Spanish</td>
</tr>
<tr>
<td>♡</td>
<td></td>
<td>$: No cost</td>
</tr>
<tr>
<td>$: Sliding scale available</td>
<td></td>
<td>$: Accepts Medi-Cal</td>
</tr>
</tbody>
</table>

| Asian American Drug Abuse Program (AADAP)          | Special Deliveries, Drug Court                           | Cambodian Association of America (CAA)                       |
| Indochinese Youth Community Center (IYCC)          | (323) 294-4932                                           | Branch Office                                               |
| (310) 768-8064                                     | 520 North La Brea Avenue                                  | (562) 424-6105                                              |
| 14112 South Kingsley Avenue                        | Inglewood, CA 90302                                      | 2501 Atlantic Avenue                                        |
| Gardena, California 90249                          |                                                           | Long Beach, CA 90806                                        |
| Khmer, Vietnamese                                  |                                                           | Spanish                                                     |
| ♡                                                   |                                                           | $: Accepts Medi-Cal                                         |
| $: No cost                                        |                                                           | $: Accepts Medi-Cal                                         |

*Support programs available for CalFresh and employment applications

| Cambodian Association of America (CAA)             |                                                        |
| Branch Office                                     |                                                        |
| (562) 424-6105                                     |                                                        |
| 2501 Atlantic Avenue                              |                                                        |
| Long Beach, CA 90806                              |                                                        |
| Khmer, Spanish                                    |                                                        |
| http://www.cambodianusa.com/                       |                                                        |

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**KEY**

UPDATED: 12/2017
## SOUTH BAY
**Service Area 8**

### Cambodian Association of America (CAA)
- **Main Office**
  - (562) 424-6105
  - 2390 Pacific Avenue
  - Long Beach, CA 90806
- **Languages**: Khmer, Lao, Spanish, Thai, Vietnamese
- [Website](http://www.cambodianusa.com/)
- $: Accepts Medi-Cal

### Pacific Asian Counseling Services (PACS)
- **Main Office**
  - (310) 337-1550
  - 8616 La Tijera Blvd., Ste. 200
  - Los Angeles, CA 90045
- **Languages**: Japanese, Spanish
- [Website](http://pacsла.org/)
- $: Accepts Medi-Cal

### Tzu Chi Medical Center Wilmington
- **Main Office**
  - (310) 323-6887
  - 1355 Broad Ave., Wilmington, CA 90744
- **Languages**: Cantonese, Mandarin, Spanish
- [Website](http://www.tzuchimedicalfoundation.org/)
- $: Sliding scale available
- *Only offers dental care and acupuncture services*

### Pacific Asian Counseling Services (PACS)
- **Long Beach Office**
  - (562) 424-1886
  - 3530 Atlantic Ave., Ste. 210
  - Long Beach, CA 90807
- **Languages**: Khmer, Japanese
- [Website](http://pacsла.org/)
- $: Accepts Medi-Cal

### SSG Occupational Therapy Training Program (OTTP-LA)
- **Los Angeles**
  - (310) 323-6887
  - 19401 S. Vermont Ave., #A200
  - Torrance, CA 90502
- **Languages**: Spanish
- [Website](http://www.ottp.org)
- $: Accepts Medi-Cal
  - *Limited services for individuals without insurance*

### United Cambodian Community (UCC)
- **Main Office**
  - (562) 433-0564
  - 2201 E. Anaheim Street Suite 200
  - Long Beach, CA 90804
- **Languages**: Khmer
- [Website](http://www.ucclb.org/)
- $: No cost
  - *Offers first aid mental health training, citizenship classes, enrollment services for health and food, wellness programs, and youth programs; will refer clients to mental health providers in Long Beach*

### KEY
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- ☃️ = Preventative Services
- 🦾 = Services Regardless of Immigration Status
- ☎️ = Call to Confirm Costs

**UPDATED: 12/2017**
### Orange County Mental Health Plan Provider List

<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Contact Information</th>
<th>Languages</th>
<th>Website</th>
<th>Key</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Pacific Aids Intervention Team (APAIT)</td>
<td>Orange County Satellite Office&lt;br&gt;12900 Garden Grove Blvd, Garden Grove, CA 92843</td>
<td>(714) 636-1349</td>
<td>Spanish, Tagalog, Vietnamese</td>
<td><a href="http://apaitonline.org/">http://apaitonline.org/</a></td>
<td>☀ ☺ ✚</td>
</tr>
<tr>
<td>Orange County Asian Pacific Islander American Community Alliance (OCAPICA)</td>
<td></td>
<td></td>
<td>Japanese, Korean, Mandarin, Spanish, Vietnamese</td>
<td><a href="https://ocapica.org/">https://ocapica.org/</a></td>
<td>☀ ☺ ✚</td>
</tr>
</tbody>
</table>

**KEY**
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- ☺ = Counseling/Therapy
- ✚ = Outpatient Services
- ☛ = Services Regardless of Immigration Status
- ☞ = Call to Confirm Costs

*Offers community activities, support groups and Khmer interpretation services for medical appointments*

*Free community health education programs to raise awareness about HIV/AIDS & other chronic diseases*

*Offers workshops and support groups*
### San Diego County Behavioral Health Services Provider Directory

**Union of Pan Asian Community (UPAC)**  
Alliance for Community Empowerment (ACE) Program  
(562) 218-9530  
5348 University Avenue, Ste. 202  
San Diego, CA  92105  
Karen, Khmer, Somali, Spanish  

- **$**: No cost  
- *Offers teen and parent empowerment programs and grief support programs*

**Union of Pan Asian Community (UPAC)**  
Adult Mental Health Services  
(619) 229-2999  
5348 University Avenue, Ste. 101  
San Diego, CA  92105  
Burmese, Karen, Korean, Lao, Tagalog, Vietnamese  

- **$**: Accepts Medi-Cal  
- *Offers medication management support*

**Union of Pan Asian Community (UPAC)**  
Adolescent Mental Health Services (AMHS)  
5348 University Avenue, Ste. 202  
San Diego, CA  92105  
Karen, Khmer, Somali, Spanish  

- **$**: No cost  
- *Offers teen and parent empowerment programs and grief support programs*

**Union of Pan Asian Community (UPAC)**  
Adult Mental Health Services  
(619) 229-2999  
5348 University Avenue, Ste. 101  
San Diego, CA  92105  
Karen, Khmer, Somali, Spanish  

- **$**: Accepts Medi-Cal  
- *Offers teen and parent empowerment programs and grief support programs*

**Union of Pan Asian Community (UPAC)**  
Adult Mental Health Services  
(619) 229-2999  
5348 University Avenue, Ste. 202  
San Diego, CA  92105  
Karen, Khmer, Somali, Spanish  

- **$**: Accepts Medi-Cal  
- *Offers teen and parent empowerment programs and grief support programs*

**Union of Pan Asian Community (UPAC)**  
Elder Multicultural Access and Support Services (EMASS)  
Outpatient Services - Escondido  
(760) 233-1984  
200 North Ash Street Suite 100  
Escondido, CA  92027  
Arabic, Somali, Spanish, Tagalog  

- **$**: No cost  
- *Offers intervention based programs focused on providing individuals ages 60+ with resources/referrals on mental health services*

**Union of Pan Asian Community (UPAC)**  
Elder Multicultural Access and Support Services (EMASS)  
Outpatient Services - El Cajon  
(619) 749-5560  
175 W. Lexington Ave, Ste 70  
El Cajon, CA  92020  
Arabic  

- **$**: No cost  
- *Offers intervention based programs focused on providing individuals ages 60+ with resources/referrals on mental health services*

**Union of Pan Asian Community (UPAC)**  
East Wind Clubhouse  
(858) 268-4933  
8745 Aero Drive, Suite 330  
San Diego, CA  92123  
Hmong, Khmer, Korean, Vietnamese  

- **$**: Accepts Medi-Cal; Sliding scale available  
- *Offers intervention based programs focused on providing individuals ages 60+ with resources/referrals on mental health services*

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- ✨ = Services Regardless of Immigration Status  
- ✨ = Call to Confirm Costs  

**UPDATED: 12/2017**
SOUTHERN CALIFORNIA

SAN DIEGO COUNTY

San Diego County Behavioral Health Services Provider Directory

Union of Pan Asian Community (UPAC)
Multicultural Community Counseling
(619) 578-2211
5296 University Avenue, Suite F2
San Diego, CA 92105
Cantonese, Spanish, Vietnamese
http://www.upacsd.com/

- Accepts Medi-Cal

Union of Pan Asian Community (UPAC)
Main Office
(619) 232-6454
1031 25th Street
San Diego, CA 92102
Vietnamese
http://www.upacsd.com/

- Accepts Medi-Cal

Union of Pan Asian Community (UPAC)
Positive Solutions Program
(619) 238-1783
9360 Activity Road, Suite B
San Diego, CA 92126
Farsi, Mandarin, Spanish, Vietnamese
http://www.upacsd.com/

- No cost

*Only offers services for children

*Intervention programs to aid individuals ages 60+ who have depression or are at risk for depression

KEY

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= Preventative Services
= Services Regardless of Immigration Status
= Call to Confirm Costs

UPDATED: 12/2017